



PLAYER PERFORMANCE PROFILE

Isaac Mensah

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Team: Lewisham Borough Community Youth

Age Group: U12

League: Selkent D - Silver

Season: 2025-2026

About

Isaac is a creative central midfielder who likes to connect play, receive under pressure, and find forward passes between the lines. He is confident on the ball and enjoys solving game problems with quick decisions.

Why They Like Football

He enjoys football because it gives him a chance to express himself, compete with his friends, and create moments that help the team win.

Preferred Training

Small-sided games, passing patterns, receiving on the half-turn, and finishing from moving combinations are his favourite sessions.

Attendance and Achievements

| Type | Percentage | Status |
|---------------------|------------|---------------------------------------|
| Practice - Tuesday | 96% | ● |
| Practice - Saturday | 88% | ● |
| Game | 91% | ● |

Goals Scored: 14

MoTM Trophies: 5

Developing Skilful Players

Being skilful is more than just a dribble or pass. It combines capabilities that help players solve game problems before, during, and after receiving the ball in both attack and defense.

Scanning - Searching for useful information

- How often do they scan?
- What are they looking for?
- What are they looking at?

COACH INSIGHT

Isaac scans before the ball arrives and again as he controls it. He looks for pressure from behind, the position of the next pass, and where space opens between defenders. His scanning is improving and helps him turn quicker.

Positioning - Where players move from and to, and when

- Where are they in relation to the ball, goal, teammates, and opponents?
- What is their body orientation?

COACH INSIGHT

He often finds pockets of space in front of the opposition midfield line. When he checks his shoulder early, he receives side-on and opens the pitch for the next action. He still needs to be more consistent when the team is under pressure.

Movement - How players use their bodies effectively

- How do they use their body?
- How do they manage speed and direction?

COACH INSIGHT

His movement is sharp over short distances, especially when creating separation for a pass. He changes speed well and uses small feints to move away from markers. The next step is improving his movement after passing to stay involved in the attack.

Technique - How players execute the core skills

- What techniques do they use?
- How effective are they?

COACH INSIGHT

He is confident with inside-foot passing, first-time layoffs, and controlled dribbling in tight spaces. His finishing technique is clean when he strikes through the middle of the ball. He will benefit from more repetition with weaker-foot actions and longer range passing.

Deception - Hiding and disguising intentions and actions

- How do they hide and disguise their intentions and actions to trick opponents?

COACH INSIGHT

Isaac uses body shape and tempo changes to disguise whether he will pass or carry. He can make opponents lean one way before playing the ball into the

opposite channel. This is an emerging strength and can become a real weapon in 1v1 and combination play.

Timing - Choosing the right moment to act

- When do they decide to act?
- How do they sense the right moment to act?

COACH INSIGHT

His best moments come when he waits for the defender to commit before releasing the ball or changing direction. He is beginning to understand when to accelerate into space rather than forcing the action early. Improving timing will help him become more efficient in the final third.

FA Four Corner Model

The FA Four Corner Model supports holistic player development through four connected lenses: technical/tactical, physical, psychological, and social growth.

COACH INSIGHT

Technical/tactical: strong on the ball and increasingly aware of the next action. Physical: quick over short distances and balanced in duels. Psychological: curious, coachable, and willing to try again after mistakes. Social: positive teammate who communicates and supports others.

Coach Feedback

COACH INSIGHT

Keep encouraging Isaac to scan earlier and play at the right tempo. He is at his best when he receives side-on, plays forward when possible, and then moves again to stay available. Continue challenging him with games that reward quick decisions.

COACH INSIGHT

Isaac shows strong potential as a creative midfielder. His next step is to become more consistent under pressure and to trust his weaker foot. His learning response is strong, which suggests good long-term development potential.

Recommendations

COACH INSIGHT

1. Increase scanning habits with ball-receipt games and shoulder-check challenges.
2. Practice turning away from pressure with both feet in tight spaces.
3. Add more finishing actions from combination play to improve end product.
4. Keep using small-sided games that reward quick transition and decision-making.