



TRAINING PLAYER ANALYSIS

## Coach Sarah Mitchell

Structured session insights generated on 1 Jun 2026, 09:36

Session Date: 31 May 2026

Age Group: U12

Level: Grassroots

Mode: Training

### Context and Query

PLAYER

**Prompt Focus:** Multi-player development snapshot across technical execution, tactical understanding, and practical next-step actions.

**Input Source:** training\_session\_20260531\_riverside\_u12.m4a - 41 minutes, 22 seconds

### 1. Player Name Extraction

**Players identified for analysis:** Luca Bennett, Amira Khan, and Callum Reid

**Confidence:** High (all three names were repeatedly referenced by coach and teammates)

- "Luca, open up your body before the pass" (08:44)
- "Amira, set that first touch and play through" (14:02)
- "Great press, Luca" (19:31)
- "Callum, can you show for it earlier?" (27:08)

## 2. Session Opening and Closing Notes

**Opening:** Luca and Amira entered the rondo with high intent and quick communication, while Callum was initially quieter but physically sharp in transitions.

**Closing:** In debrief, Luca highlighted "switching play early," Amira focused on "cleaner first touch under pressure," and Callum identified "better support timing" as his next target.

The opening and closing notes show good ownership across the group, with each player identifying a clear learning transfer point.

## 3. Detailed Summary

This session showed three different but complementary player profiles in a possession-focused practice. **Luca** brought consistent support angles and strong communication, **Amira** delivered high-quality ball security and progressive passing, and **Callum** provided intensity in pressing and transition moments.

**Luca** improved his body shape while receiving, especially after early reminders to half-turn before contact. **Amira** was the most secure under pressure, often taking her first touch away from traffic and finding the next line. **Callum** had several effective recovery actions but needed cleaner timing in support play when the team built from the back.

Out of possession, Luca and Callum pressed with high energy, while Amira was strongest in covering lanes and reading second-ball moments. In possession, Amira and Luca connected combinations well, while Callum's best actions came when he scanned earlier and arrived as the third passing option rather than moving directly toward the ball.

All three players responded positively to coaching interventions. The strongest learning transfer was visible in the final SSG phase where each player demonstrated at least one corrected behavior from earlier coaching points.

## 4. Session Summary

The multi-player sample shows balanced progress across Luca, Amira, and Callum, with clear technical and tactical gains over the session.

- Luca: improved receiving body shape and communication timing.
- Amira: strong first touch quality and progressive pass selection.
- Callum: high pressing intensity and good recovery actions.
- Group area to improve: earlier scanning and better spacing before receiving.

## 5. Session Theme

**Primary theme:** Possession under pressure.

**Secondary theme:** Communication and scanning before receiving.

All three players aligned with both themes in different ways: Luca through communication cues, Amira through composure in tight spaces, and Callum through transition energy and pressing intent.

## 6. Player/Group Analysis by Technical Content Section

### Rondo Warm-Up (0:00-8:10)

Luca was active and available but initially received too flat to the ball. Amira established quick rhythm with one- and two-touch combinations. Callum pressed aggressively as a defender but sometimes over-committed and left passing lanes open.

### 4v2+2 Positional Game (8:10-26:40)

This phase highlighted complementary strengths. Luca found support pockets consistently and communicated early. Amira's first touch and pass disguise helped the group progress through pressure. Callum improved after intervention, especially when he checked shoulder before moving into support space.

- **Technical:** Amira showed the cleanest first touch direction; Luca improved over time; Callum stabilized passing accuracy after midpoint.
- **Tactical:** Better recognition of switch moments by Luca and Amira; improved support timing from Callum.
- **Communication:** Consistent short cues from Luca and Amira increased tempo for the whole group.

### Directional Small-Sided Game (26:40-38:50)

Luca and Callum drove the first line of pressure with intensity, while Amira protected central lanes and intercepted two second balls. Callum's strongest actions came from curved pressing runs; Luca linked possession effectively after regains; Amira gave control in transition by choosing safer first passes before progression.

### Debrief (38:50-41:00)

All three players articulated key learning points accurately. Luca focused on communication timing, Amira on first-touch quality, and Callum on support timing before receiving. This indicates strong self-awareness and transfer potential into future sessions.

## 7. Key Player Moments

1. **08:44:** Coach correction on receiving angle; Luca applies it in the next two actions.
2. **14:02:** Amira receives on back foot, breaks first line, and finds a forward pass into target player.
3. **19:31:** High-intensity press by Callum forces turnover near touchline; Luca secures second ball.
4. **27:08:** Callum corrects late support run after cue and arrives earlier in next sequence.
5. **34:40:** Amira screens central lane while Luca's curved press forces play wide and wins recovery.

## 8. Recommendations

1. **Luca:** Maintain communication leadership, and add two pre-scan checks before every receive in possession drills.
2. **Amira:** Continue first-touch quality work, then increase risk by adding one extra line-breaking pass target each block.
3. **Callum:** Refine pressing approach runs to curve and lock inside lanes before contact pressure.
4. **Group:** Use short, early cues ("turn", "set", "switch") and establish fixed support distances in positional games.

## 9. Knowledge Base Sources Used

- FA Youth Development Review - Receiving and Scanning in U11-U13 Players
- UEFA C Licence Framework - Pressing Triggers and Defensive Body Shape
- HomeGroundAssist Knowledge Base - Positional Game Interventions
- HomeGroundAssist Knowledge Base - Age-Appropriate Communication Cues

Sources were used to support interpretation of player actions and to shape practical recommendations for the next block of sessions.

## 10. Non-Training Notes

No major off-topic issues were recorded for the three players in scope. Minor notes:

- Luca and Amira arrived on time; Callum arrived two minutes before warm-up and joined immediately.
- Positive interactions across all phases, including supportive communication after turnovers.
- No safeguarding or behavioral concerns identified in this session.